

KISAKYE EDUCATIONAL INITIATIVE FOR GIRLS (KEIG) ACTIVITY REPORT

Activity: Menstrual Hygiene Management (MHM) & Education Outreach



Venue: Budondo Primary School – Jinja District

Date: 13th November 2025

Introduction

Kisakye Educational Initiative for Girls (KEIG), in partnership with SCOPE Foundation and AfriPads, conducted a Menstrual Hygiene Management and education outreach at Budondo Primary School in Jinja. The outreach aimed to equip girls with knowledge, confidence, and sustainable menstrual hygiene materials.

Objectives of the Outreach

- To provide pupils with reusable menstrual products and instructional materials.
- To improve knowledge and attitudes toward menstrual hygiene.
- To offer psychosocial support through girls' talk and counseling.
- To promote sustainability by building school ownership of MHM initiatives.

Activities Conducted

a. Distribution of Menstrual Hygiene Materials

A total of 100 packs of reusable pads and 300 nickers were distributed. Each beneficiary also received a guiding book/manual on proper usage, washing, and storage of reusable pads.

b. Sensitization on Menstrual Hygiene

Partners facilitated sessions on:

- Safe menstrual hygiene practices
- Proper cleaning and drying of reusable pads
- Body changes during puberty
- Myths and misconceptions regarding menstruation

c. Girls Talk Session

A safe, interactive conversation where girls shared personal experiences and challenges around menstruation. Facilitators offered practical guidance and encouraged confidence and openness.

d. Counseling Session

Emotional and psycho social support was offered to learners who needed individualized or small-group counseling.

e. School Involvement

The **Senior Woman Teacher** actively participated throughout the outreach. Her involvement strengthened school ownership and supported the continuity of MHM programming.

Beneficiaries Reached

A total of **100 pupils** directly benefited from the outreach.

Challenges Encountered

- Limited time to address all girls' questions in depth due to a large number of participants.
- Inadequate private space for counseling, which affected confidentiality for some learners.
- High demand for materials beyond the number of available kits, indicating a wider need at the school.

Way Forward

- Plan follow-up visits to continue providing psychosocial support and deeper MHM education.
- Mobilize more resources to reach additional girls who did not receive pads during this outreach.
- Work with the Senior Woman Teacher to establish ongoing MHM clubs within the school.
- Advocate for a designated private counseling space within the school environment.

Conclusion

The MHM outreach at Budondo Primary School was a successful and impactful intervention that improved menstrual hygiene awareness, provided essential reusable materials, and strengthened girls' confidence and well-being. KEIG and its partners—SCOPE Foundation and AfriPads—remain committed to empowering girls through sustainable menstrual health initiatives and continued school engagement.

Photo Gallery



Opening session / arrival at the school



Sensitization session with pupils



Distribution of reusable pads and manuals



Girls talk and counseling session



Group photo with partners